



The services of Body Positive are available to all HIV+ people in order for them to obtain information and discuss concerns.

Body Positive publishes a regular newsletter called 'Positively Positive'. This contains information of relevance to HIV + people such as treatments available, complementary therapies, upcoming events and member contributions.

There is a continual stream of new information about HIV. Often the best way of sorting out what is relevant to you is to discuss it with other HIV+ people.


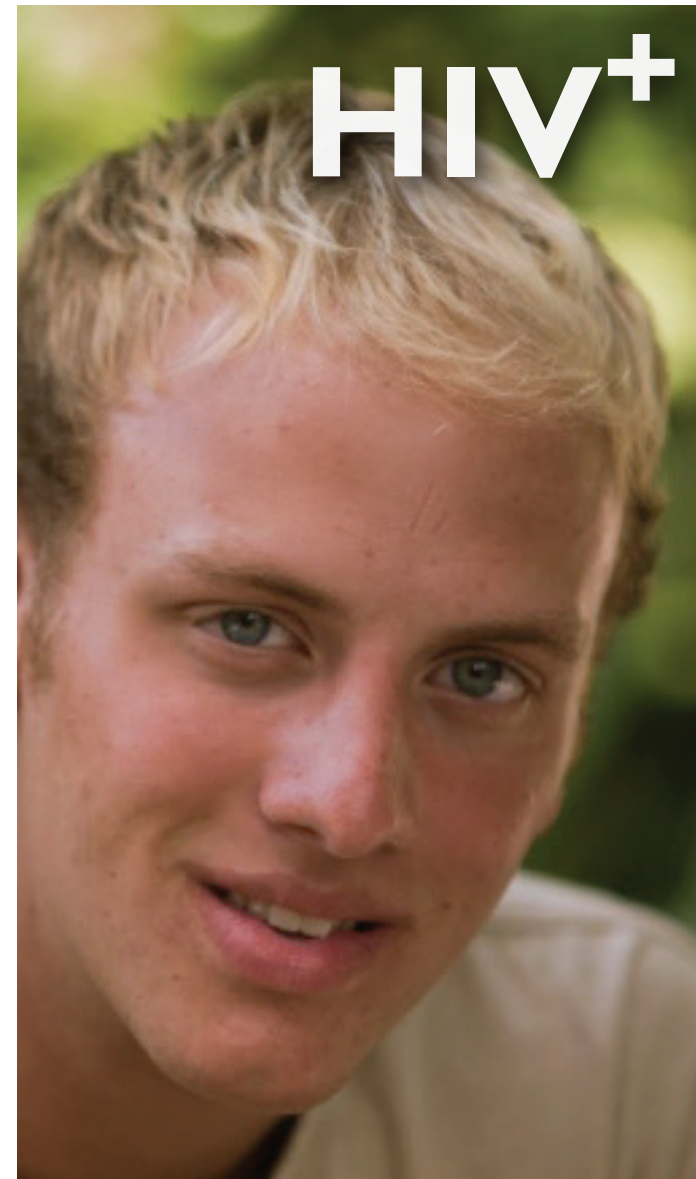


+BODY POSITIVE
NEW ZEALAND
Tinana Ora Aotearoa

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Wellington Branch: Level 2, 55 Courtenay Place, Wellington
Tel: 04 801 5484 | Email: wellington@bodypositive.org.nz

Freephone: 0800 HIV LINE | www.bodypositive.org.nz



Need a friendly face to talk to?



What is Body Positive?

- ◆ A group founded and run by people with HIV and AIDS, and working for people with HIV and AIDS
- ◆ A group open exclusively to all people living with HIV and AIDS in New Zealand
- ◆ An autonomous and independent group

What does Body Positive do?

- ◆ Breaks down the isolation HIV+ people often experience
- ◆ Builds a sense of community for HIV+ people
- ◆ Advocates an HIV+ perspective in public forums and debates.
- ◆ Provides information and networks for people living with HIV

6 On 6 Peer Support Groups

- ◆ Support groups for 6 HIV people meeting for 6 weeks under the guidance of trained HIV+ facilitators. The groups meet weekly for 2 hours

Newsletter & Educational Forums

- ◆ A regular newsletter is published by Body Positive called 'Positively Positive' containing HIV and AIDS treatment information, complementary therapies information, and a national HIV/AIDS services and organisations contact list, and other items of interest contributed by members.
- ◆ Body Positive periodically runs educational forums and national people living with HIV/ AIDS conferences in New Zealand.

Drop-in Centre & Office

- ◆ Body Positive offices and drop-in centres are located in both Auckland and Wellington
- ◆ All HIV+ people have free access to an internet computer, a small library and our other facilities
- ◆ We offer free tea/coffee; an HIV+ person is available to answer questions and have a chat
- ◆ In Auckland, limited car parking is available at the rear of the building, down the driveway next to the Pitt St Methodist Church

Do you want to be involved?

If you are interested in any of our services, please call us on **0800 HIV LINE** or drop into Body Positive House in Auckland or our Wellington Branch.

