



HIV IN GENERAL PRACTICE SEPTEMBER 2013



No statistics

No P values

No graphs

No research

So you can relax a little!

So this will be a little
Personal
Anecdotal and
Quirky

History Community Complexity Challenges



History

History 1984 early days, Bruce Burnett, Ray Taylor raising awareness

Opportunistic infections, KS, Lymphoma, toxoplasmosis, PCP

Palliative care, no hospice involvement in early years.

Home cares, friends, family partners,
Homosexual law reform bill

Fear, isolation, discrimination,
amongst health care workers,
allied health workers and by general public.

Courage strength determination
Later in the 80s HIV antibody test

HISTORY

1990s mono therapy AZT,community development and support.

Sick patients returning from overseas.

Stress of many sick mostly men in my practice,women children,
Immigration.

Care and courage.

Ward 9C doctors and nurses

My GP colleagues,Alison Copeland,Matt Wildbore,Ravi Sandhu,
Chris Thomas.

Social work heroes Judith Ackroyd,Helen Anderson

Herne Bay House

1997 AZT/3TC

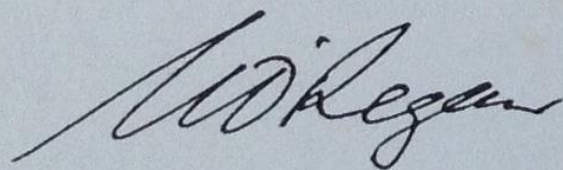
CREATIVE AWARD

*This commemorates the launching of
THE 1991 AIDS MEDIA AWARDS
and recognises your professionalism,
compassion and creativity in covering
AIDS related issues in the community.*

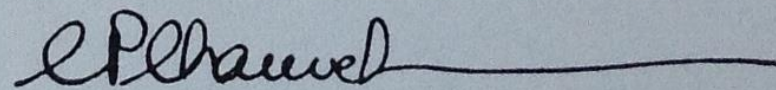
Awarded to

ALBERT SWORD

for his photographic images of people living with HIV/AIDS.



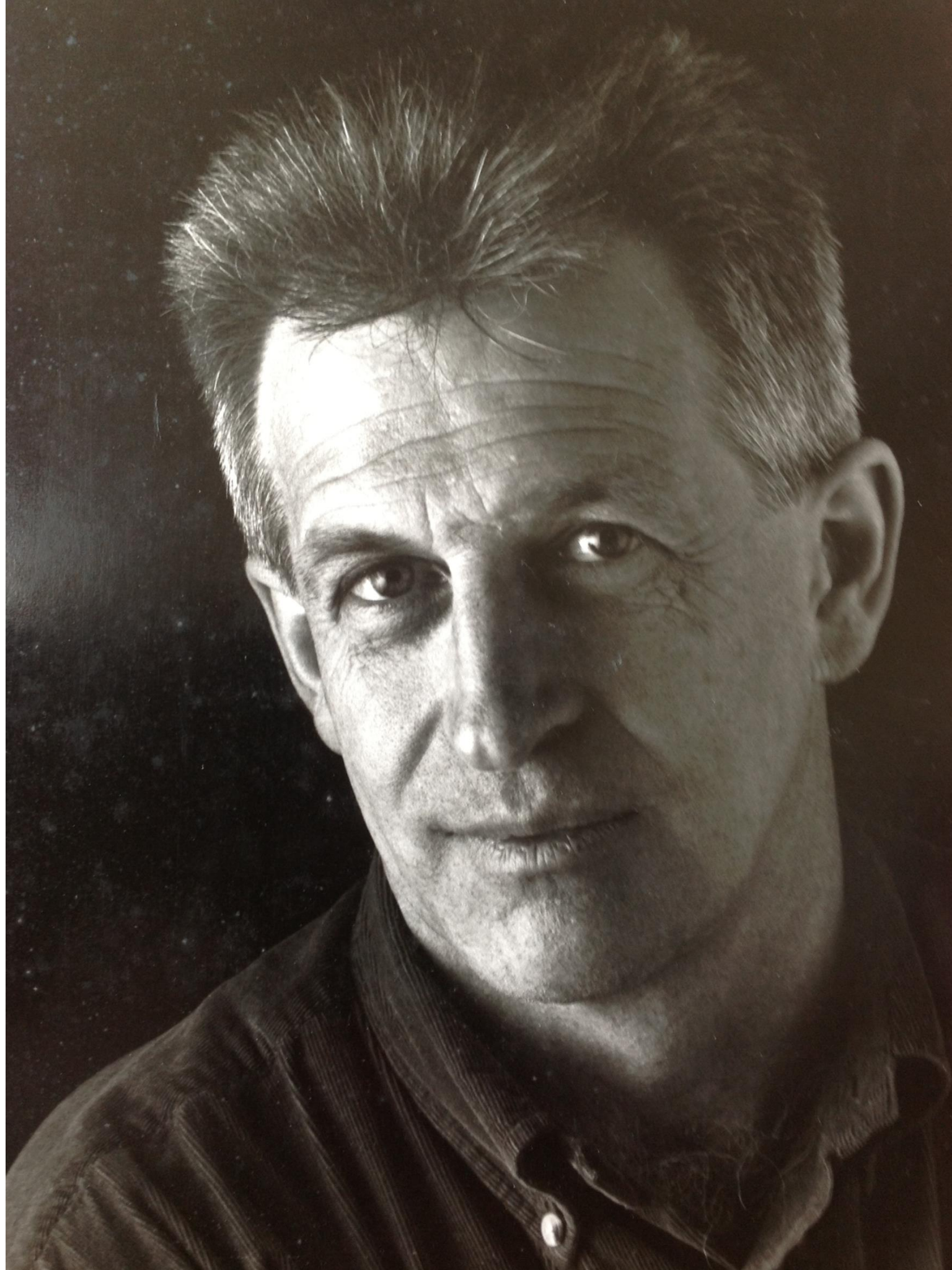
Katherine O'Regan
Associate Minister of Health



Charles Chauvel
N.Z.A.F. Board

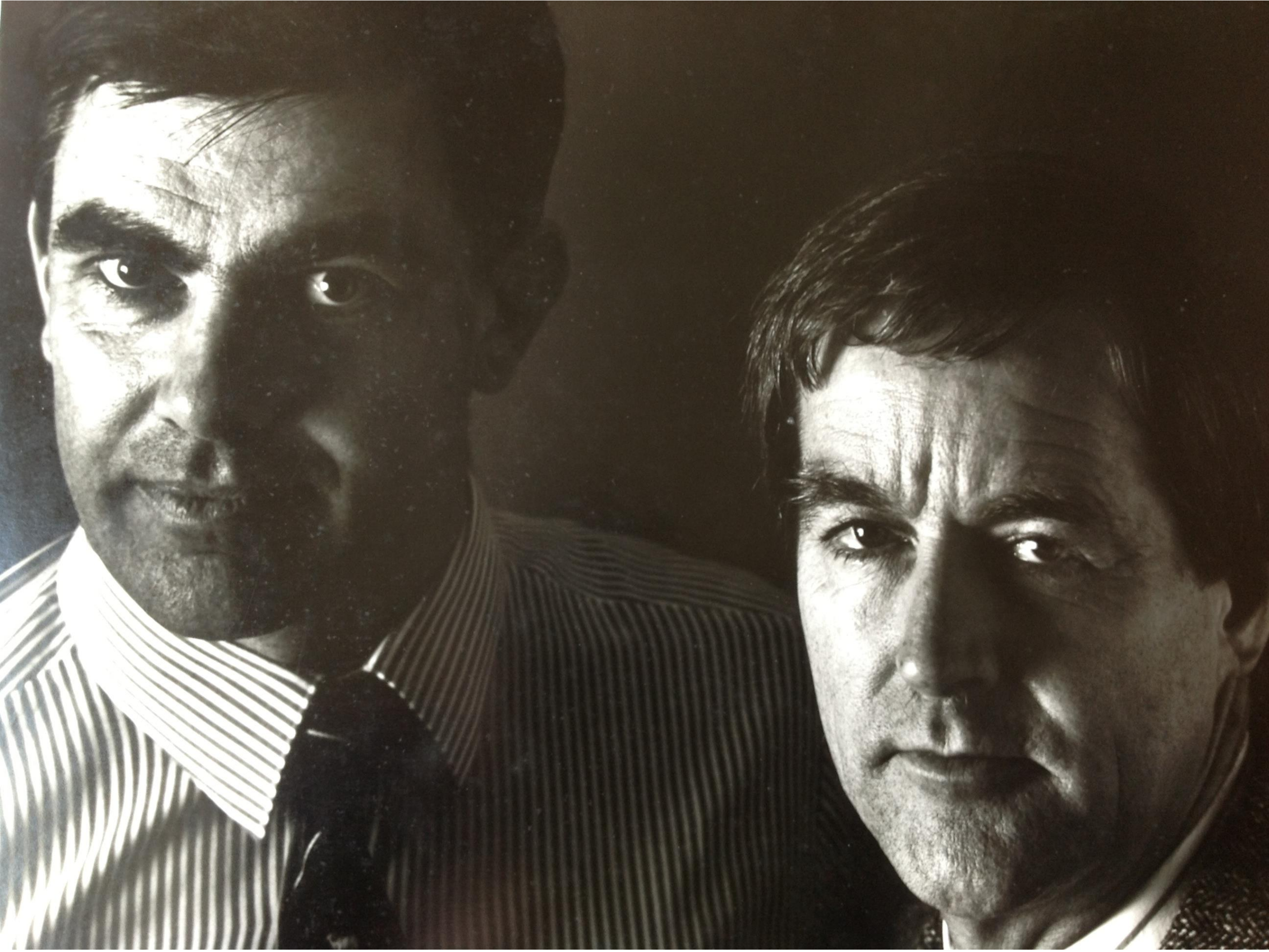
1991
AIDS
MEDIA
AWARD











HISTORY

The 2000s Protease inhibitors and non nucleoside RTI

Staying well on HAART

BUT a realisation that with this came chronic disease management

Hypertension, CVD, DM2, renal impairment

Socially, Civil Union, Same sex marriage

COMMUNITY

Or tribes, extended family, whanau

General practitioners
Hospital specialists
Gay men
Educators and support
Nurses
Families bio-whanau, or often social whanau

Don't forget
Your team

Cairnhill Health Centre

General Practice / Family Doctors

Dr. Christine Lipyeat
Dr. Alistair Somerville
Dr. Christine March
Dr. Mike Pohl
Dr. Dongmei Zhang
張冬梅醫生

Physiotherapist

Paul Leman
Harley Matthews

Practice Nurses

- Carolyn Hyde
- Susan Larsen
- Sheryl Smith

Acupuncturist

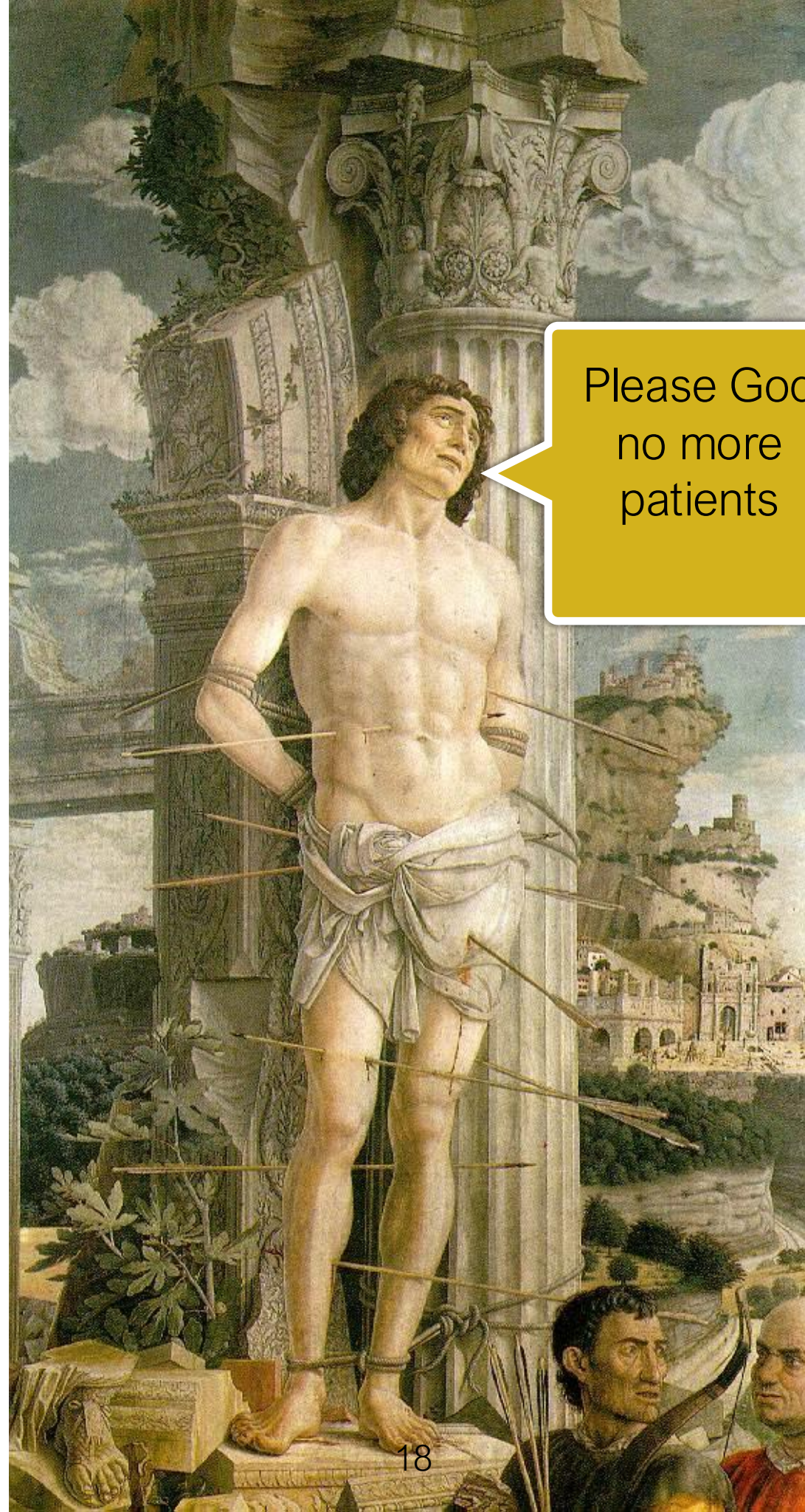
Dae Hyun (Sean) KIM

SUPER-GP
YEAH!!

How we see ourselves
A good day

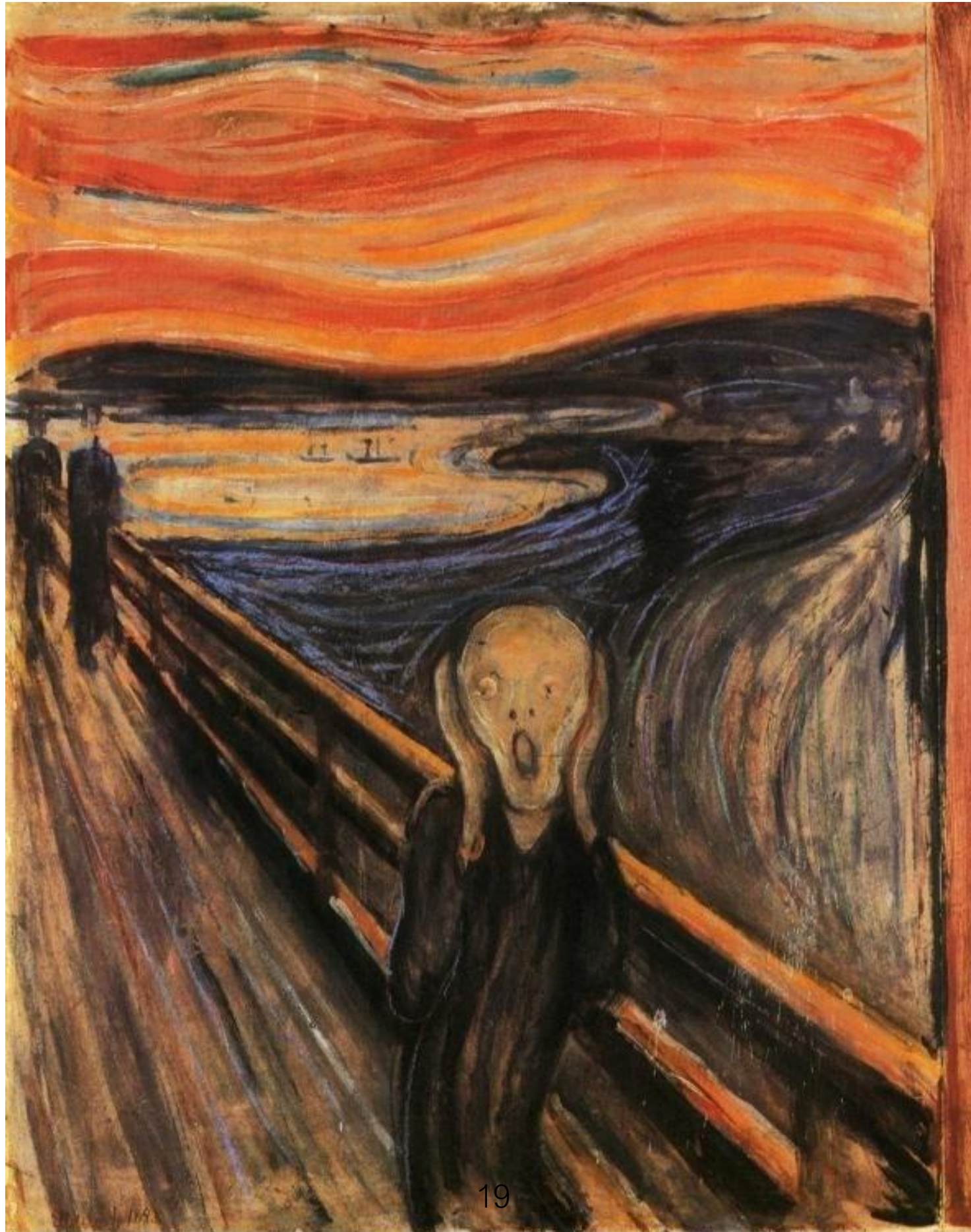


Not so good day

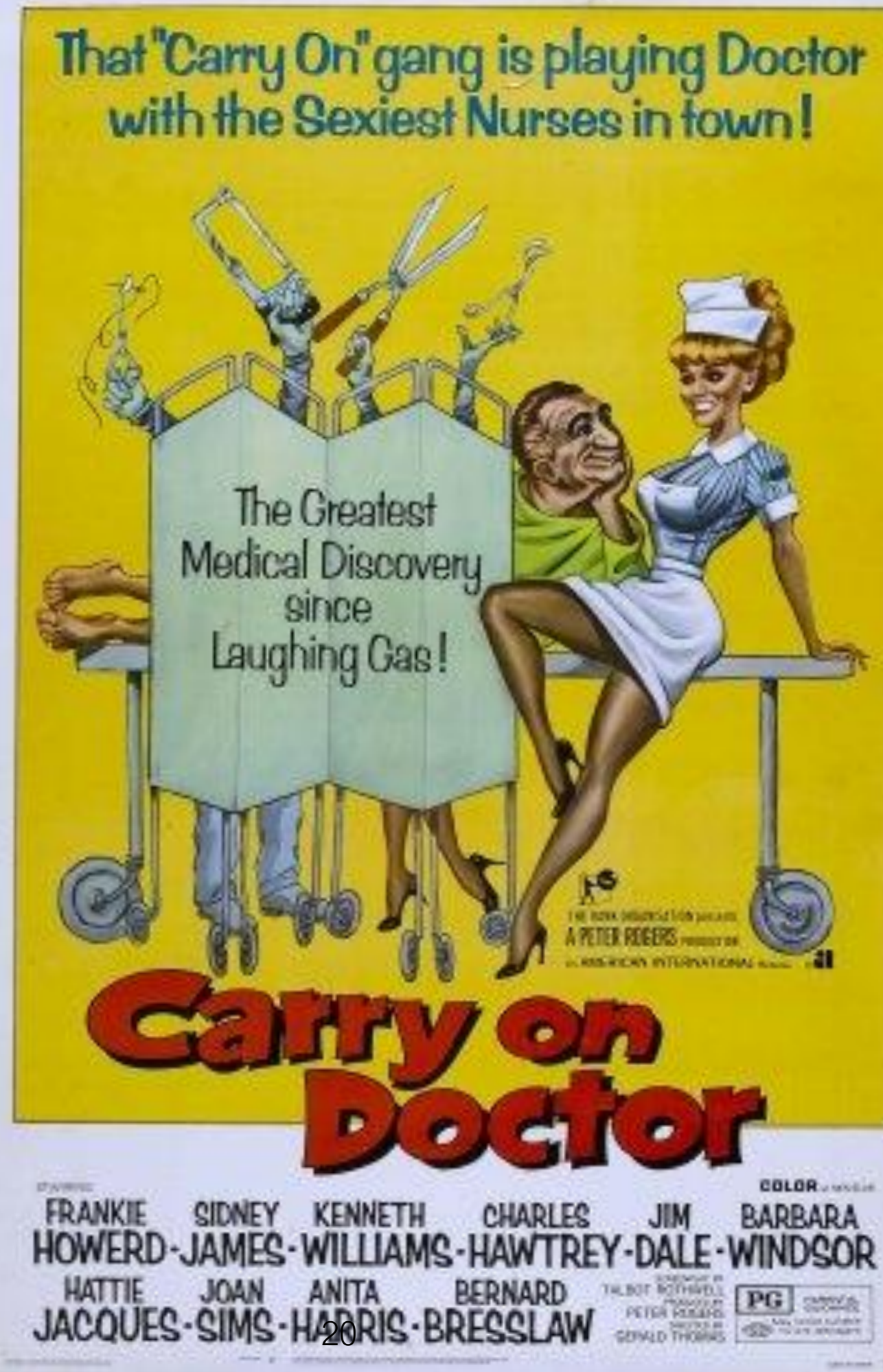


Please God
no more
patients

How our patients see us

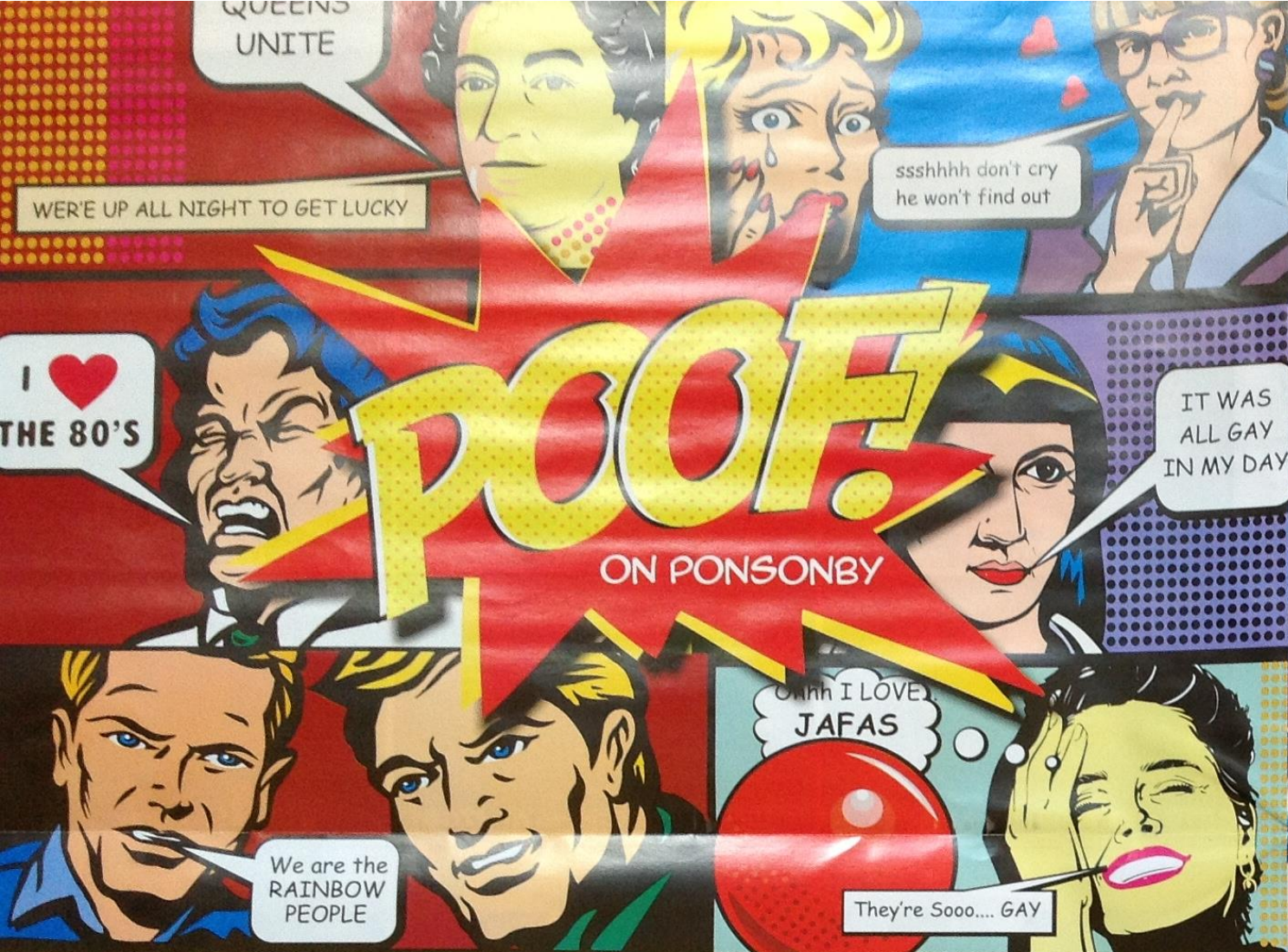


And not
So serious



Not another referral
from Mike Pohl





BLASTING OFF IN SEPTEMBER!



212 PONSONBY ROAD. KEEP UP TO DATE ON GAYEXPRESS.CO.NZ AND FACEBOOK!



exp

28 AUGUST - 10 SEPTEMBER 2013 | ISSUE #557

MR GAY WORLD

Celebrating Chris Olwage
RAINBOW NZ SAYS "I DO!"
 Ringing in Marriage Equality
GAY SKI WEEK UNLEASHED!
 The Queens are in Town

Gay Ski Week

Pencil these dates in for 2014 now!

www.gayskiweekqt.com

30TH AUGUST - 6TH SEPTEMBER 2014

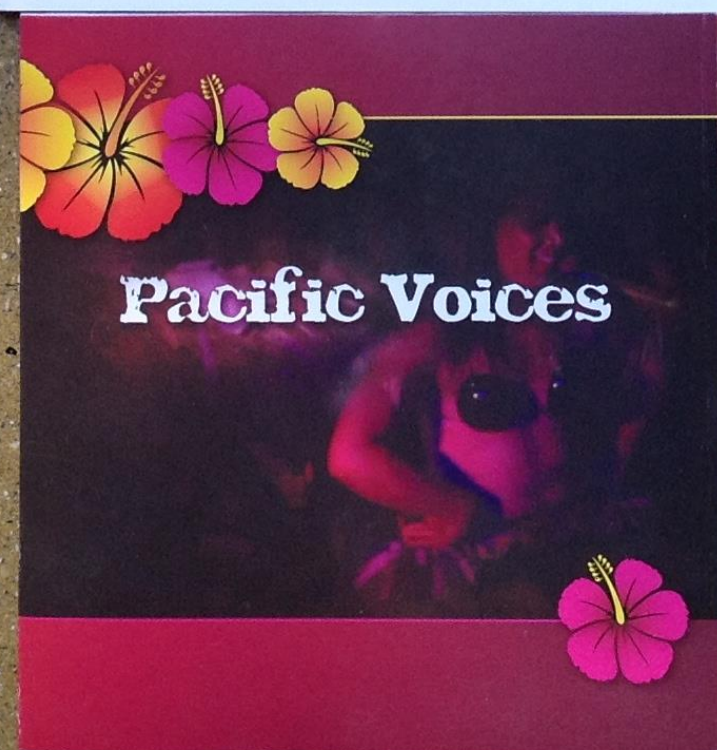
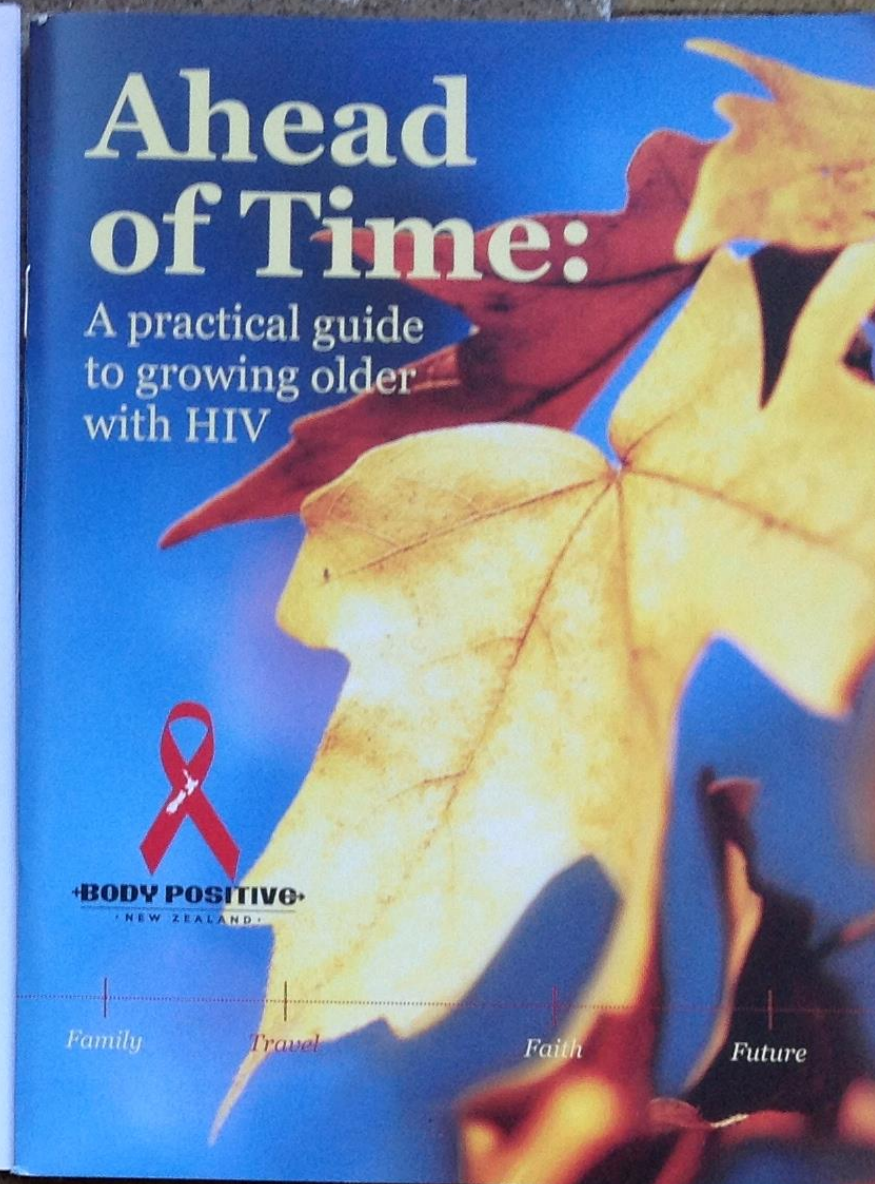
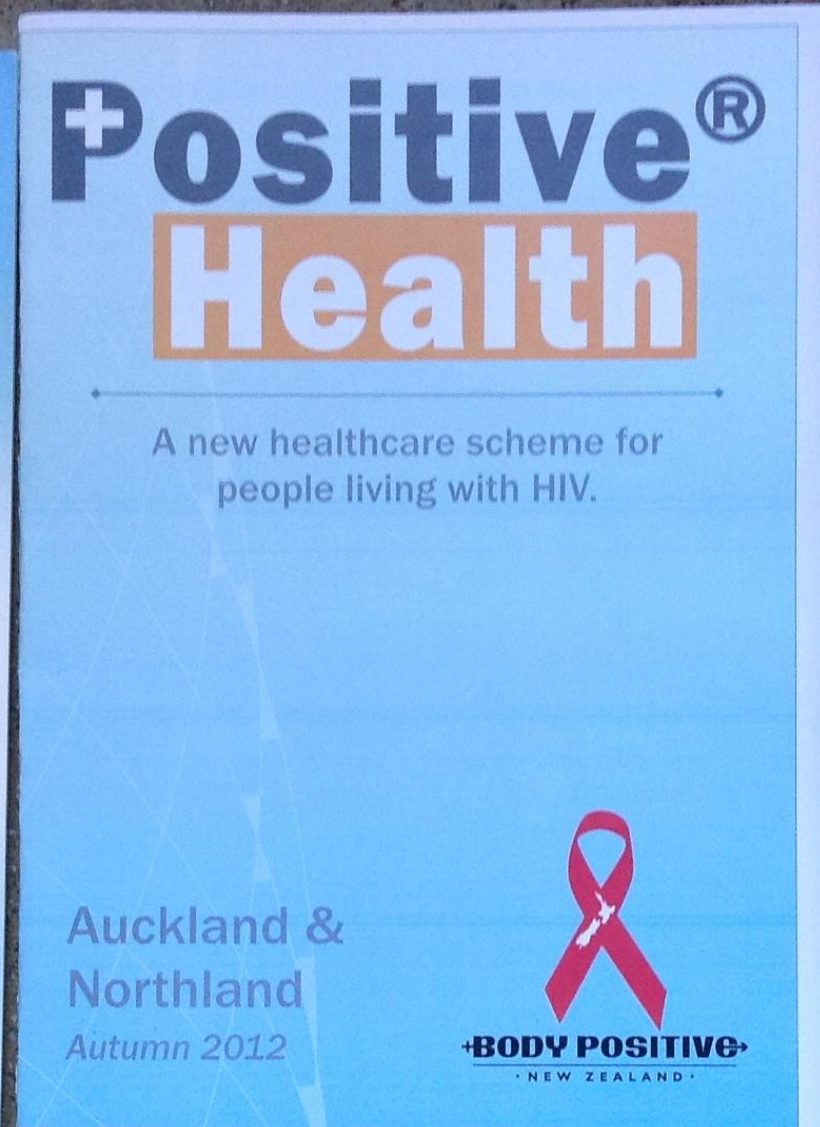
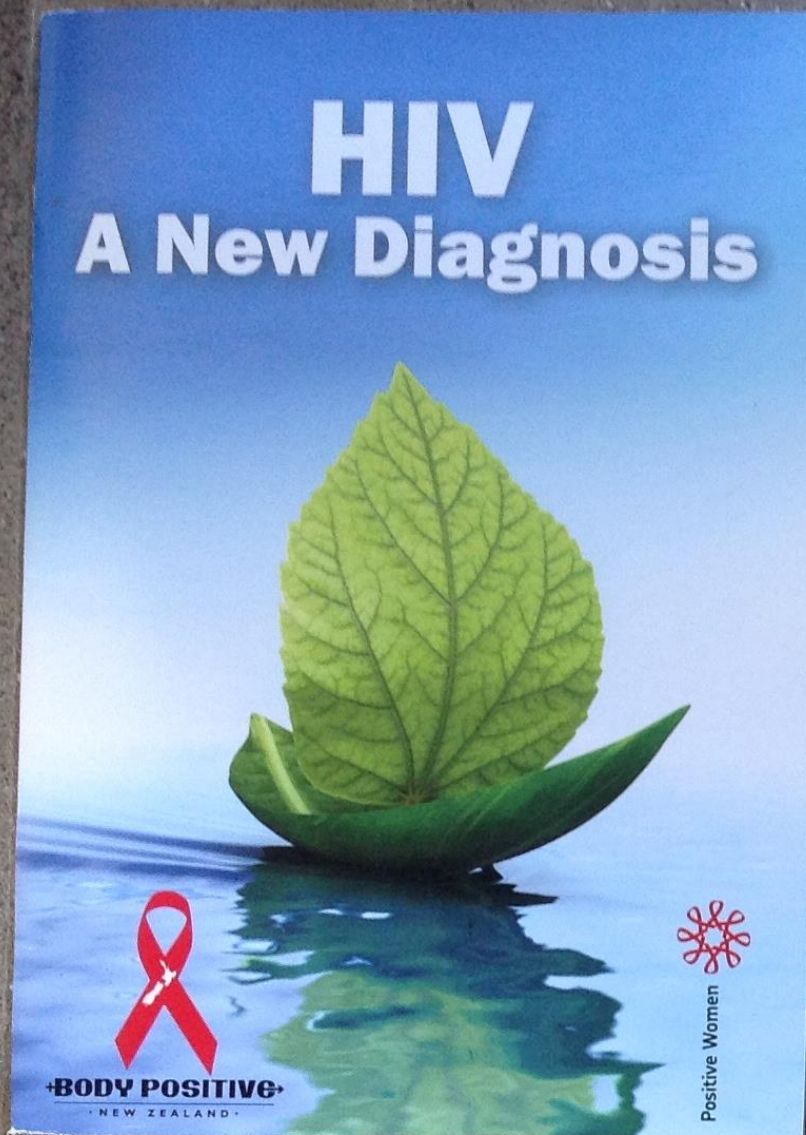
DNA **SKYCITY** **BROKEN SHED** **GAYDAR** **GAYDAR GIRLS** **MORE FM** **TOT**

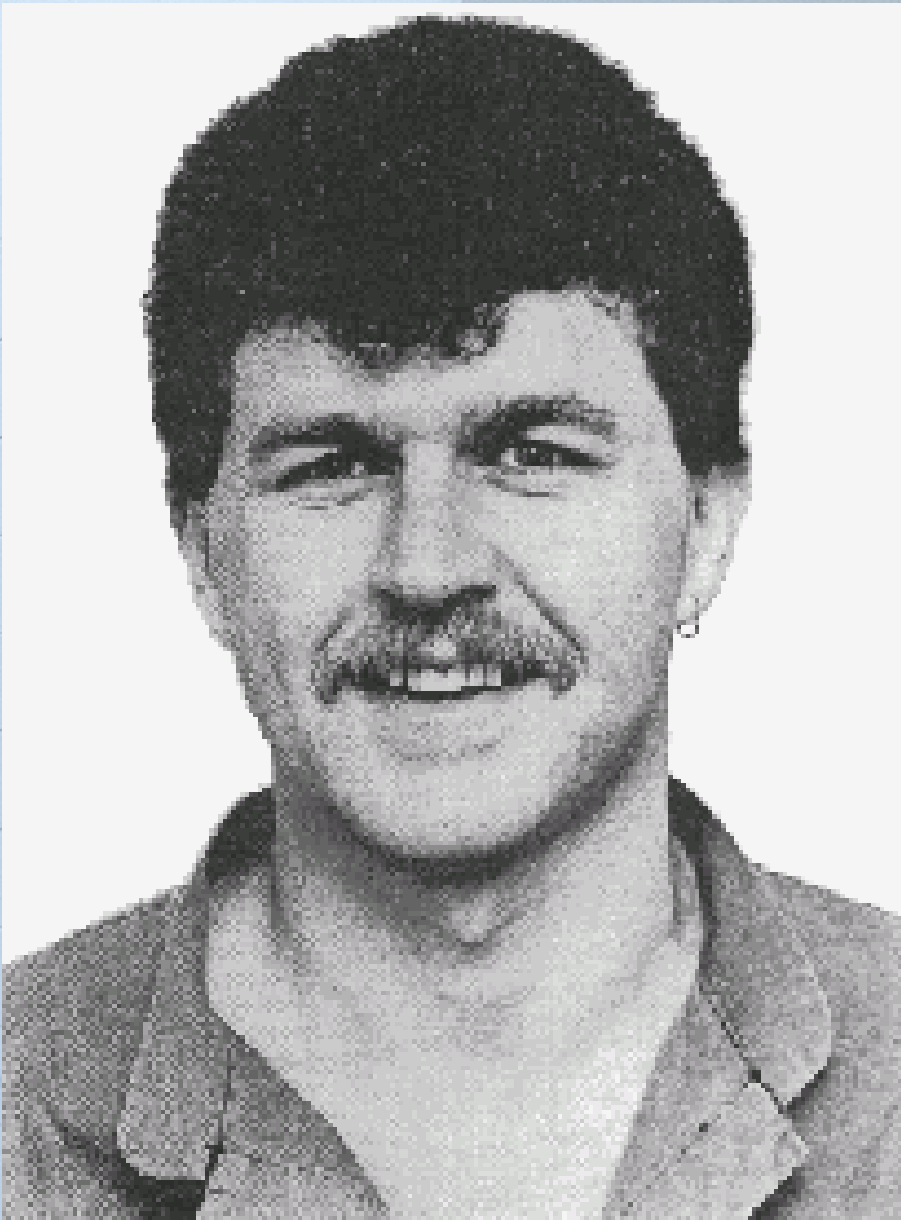
Bruce at another
conference?



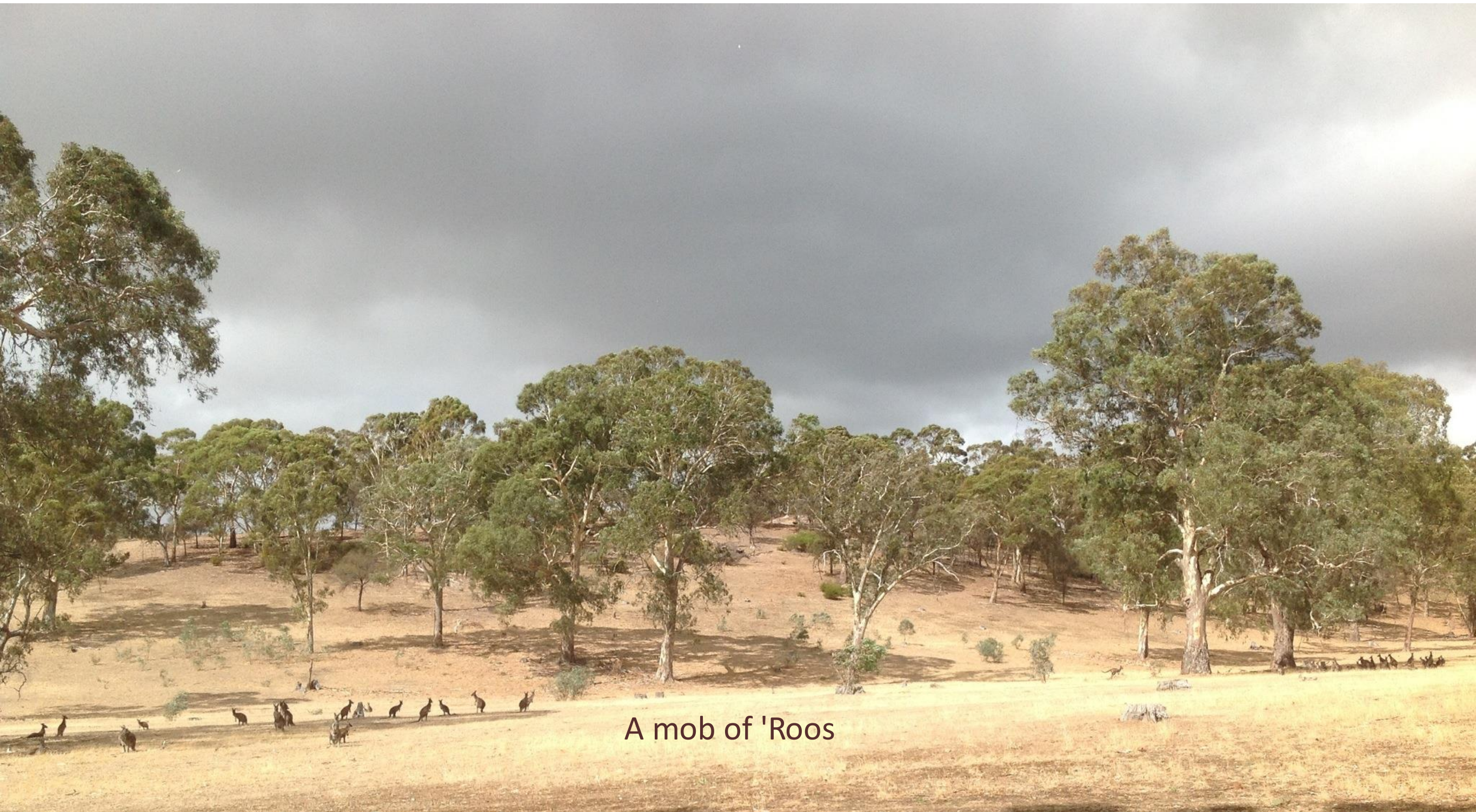
+BODY POSITIVE+
• NEW ZEALAND •







We can even include our friends across the Tasman



A mob of 'Roos

COMPLEXITY CASE STUDY

A GAY COUPLE IN THEIR 40's
Meet Dick and Harry

Dick 2007

November seroconversion illness
URAI Tom 3 weeks ago

2008

May urethral chlamydia

2009

May urethral chlamydia
Herpes left thigh
Acute pyelonephritis

Acute pyelonephritis

Harry 2007

2008

February laboratory HIV
seroconversion

2009

May UTI? Urethral reflux PA

Wrist injury surgery
Orthopaedic surgeon needle stick
injury with K wire

Off work one month on ARVs

Dick 2010

Harry 2010

September UTI

August Perinatal haematoma

October Anal HSV

November Anal warts

November Anal warts

2011

2011

January urethral NG Chlamydia

January Anal fissure

September urethral NG Chlamydia

May Anal fissure and wart surgery

Dick 2012

September urethral NG Chlamydia

Harry 2012

March urethral NG

March Burkitts Lymphoma
TB blood test positive

Start ARVS,anti TB meds

April Groshon line and chemo
August CMV Retinitis

Ganciclovir
September multiple KS lesions

Dick 2013

Well on ARVs
Working full time

Has discovered their third party
Who's not been treated for NG
Chlamydia

And now banned from MSM group

Harry 2013

April anxiety and depression

May serotonergic side effects of
citalopram

Burkitts in remission
CMV settling, KS fading

Throughout has worked full time
Minimised hospital inpatient stays

Well on ARVs
August happily on mirtazepine

September asking for Avigra again

CHALLENGES

Response to HIV in NZ



Condom
Promotion

Access to
Treatment
& Care

Discrimination

Human
Rights

HIV
Testing
Culture

Stigma

Supportive
Community

Law
Reform

CHALLENGES

EMOTIONAL

Anxiety depression, reason to live, community, family, whanau

To love and be loved, surrender

PHYSICAL

Health ,exercise, medicines, screening, surveillance

hypertension, diabetes, cardiovascular renal disease

Tumours: lymphomas, throat cancer, anal cancer, HPV

Medicines and compliance

Poverty, funding health

SPIRITUAL

Search for meaning, an examined life

Individual, hard to define by its very nature

INTELLECTUAL

Understanding, learning, teaching, politics, media, Internet, email,

Protection, prevention



CHALLENGES FOR GENERAL PRACTICE

Remembering to discuss safer sex

Remembering all the initial blood tests, syphilis, toxoplasmosis, hep ABC
TB, STI screening, lipids HbA1c

Getting clinical experience with what is significant and what is not.

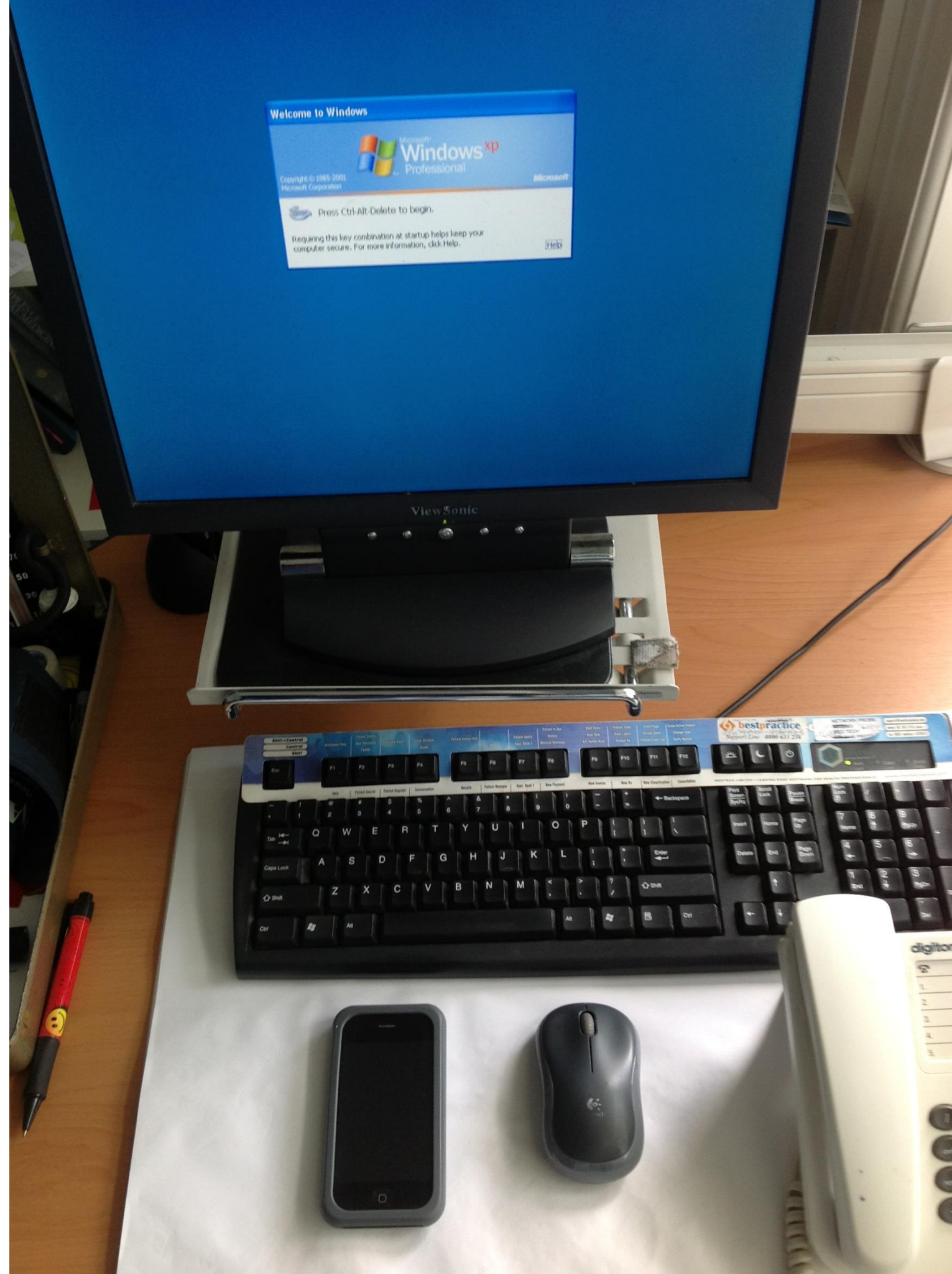
Education and keeping in touch with your local ID team..writing back.

Staying hopeful and encouraging during difficult times.

Making enough time for patients

Funding, capitation, PHOs

TOOLS



And finally, sex, religion, life and love!

SEX

"The erotic mind is not very politically correct because most of us will get turned on at night by the very same Things we protest about during the day"

Esther Perel
Psychotherapist

RELIGION

"A good world needs knowledge,kindliness,and courage;
it does not need a regretful hankering after the past or
the fettering of the free intelligence by the words uttered
long ago by ignorant men"

Bertrand Russell 1927

LIFE



QUOTE OF THE DAY

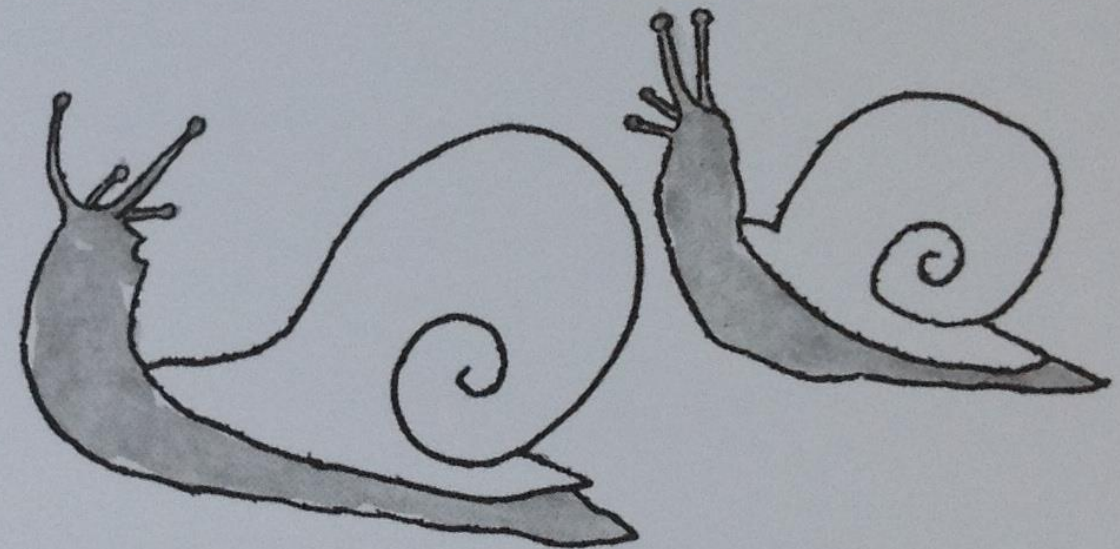
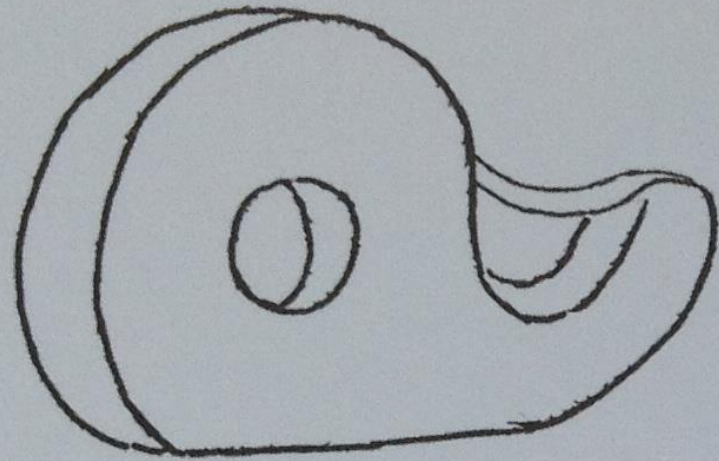
‘ There are worse things in life than death. Have you ever spent an evening with an insurance salesman? – Woody Allen, US director/actor (1835—).

LIFE

Life is full of sadness loneliness and unhappiness

And it's over too soon

Woody Allen



S. GROSS

"I don't care if she is a tape dispenser. I love her."

LOVE

“We ourselves shall be loved for awhile and forgotten. But the love will have been enough; all those impulses of love return to the love that made them. Even memory is not necessary for love. There is a land of the living and a land of the dead and the bridge is love, the only survival, the only meaning.”

— Thornton Wilder, *The Bridge of San Luis Rey*

